

EXTRAORDINARY Thoughts

EXTRAORDINARY Life

Disclosure: I am not a writer, I simply have a message



It's time you know.

Every thought and every word have the power seeds to create good or bad, happiness or sadness, and disease or sickness. For example, if you wish to become more joyful and playful in your life you must repeat the word "joy" secretly, repeatedly, persistently and emphatically. Then, By the Law of Creation, "Joy" must expand and your whole being will be filled with "Joy". This must be so because it is Law. Unfortunately, most people are not even aware of the laws of creation and create haphazardly. Be mindful and create consciously, decisively and constructively. – Love, Z

The Law at work

*The patient receives a diagnosis and the blood work or the CAT scan looks bad. Aside from any traditional or Alternative Medicine he may receive, it is the responsibility of the patient to see himself well. **He must feel the wish of health already fulfilled.** A simple thing really, in his mind he must see the doctor confirming that the blood work is normal and the thought "Isn't it Wonderful" as he receives the good news that his illness or condition is gone and Health (the truth of his being) is established. As we Believe so it is done unto us. Apply these tried and true concepts to all parts of your lives.*

You Are the Highest Form of Creation

and you are endowed with a **Supernatural** capacity to
CREATE!!!

Do you realize that you accomplished EVERYTHING that you put your mind to? Good or bad if you thought it **consistently** you accomplished it. Some of You can take a laugh break here...at some of the havoc you created in your lives...

But, there is Nothing that you held in your mind **consistently (good or bad)** that did not come to pass: such as a certain car or phone, job, relationship, career, educational degree, health or disease... yet, somehow some of you have missed it...you created it with your superpower...

Your- thinking- mind.

Your Mind Is Supernaturally Creative

Are you beginning to have a sense of how Powerful you are created to be? When it is said biblically that you have dominion over all things...it means it ...you do.

I hate to sound clichés' but... with great power comes great responsibility. The mind is a double-edged sword and you can create constructively or destructively. You can create:

Health or Disease...

Extreme wealth or Extreme poverty...

Great relationships or Alienation...

Deep sorrow or Happiness...

You MUST realize that you are an extremely powerful creator even if you created havoc of your life. As Christians, we want to credit God for everything good yet when we create amuck we blame it on the devil and we take no responsibility...we become the victims.

For quite some time, I have tried to reconcile what part of the creative process is mine and what is God's. I have no definitive answer but as I pay attention life teaches and it appears that: ***God can't do to us, what he can Only do through us.***

In other words, we must be the change we are looking for but make no mistake about it...the Power that animates us as living beings is the creative force behind everything we conjure up in our little minds. Once you conjure up a "clear" vision, the magic begins. Have you ever wondered how the coincidence meetings and how the right people come in place for you to achieve what started as mere whimsical goals? Do you not recognize the

magic all around you as you have a wish and somehow it magically forms into reality? Unfortunately, both good and bad are the manifestations of our creative minds.

*After my divorce, I found myself at a loss for understanding. I tried everything in my power to reconcile my marriage but it didn't. I discovered that people have free will. My wife's free will was to exercise what she felt was the best decision. I appealed to what seemed a deaf God and I cursed, prayed, surrendered, cursed some more, prayed some more and meditated. I never allowed my mind to take me into complete despair but self-pity and resignation had a regular pulpit in my mind. I allowed myself to temporarily lose my identity as a person because my role as a father and a husband had changed. This had a large impact on my relationship with the portrayal of a loving God that "loves" us and protects us. My reasoning was that if there is a God surely, he wouldn't allow divorce yet divorce may be higher amongst the very people that believe in God. This is where it occurred to me that those that succeed at bending God's ear and nature do so not through petty pleadings but through a complete commitment to their vision's outcome and a true sense and feeling that no other options even exist. "As you believe...so it is done". **Notice that it does not say as you plead or as you grovel but it says as you believe.***

**Most people don't
know that they have dominion and that
they are the creators of their lives.**

If you had Supernatural powers wouldn't you like to go to the Hogwarts school of magic and learn how to use this God-given superpower so you don't accidentally turn your friends into ogres and your life into the pit of hell?

By this point, you should become at least intrigued by the possibility that you are indeed a Supernatural creator and you are no different than the Wright Brothers, Thomas Edison, Henry Ford, Walt Disney and yes...even Donald trump. It matters not whether you like Trump but his conviction was undeniable. He somehow alienated the Hispanic community, the black community, women and all types of groups and he still pulled through like a 7-ton gorilla. Every party including his own, and several denominations and organized groups could not stop the conviction and the certainty he possessed. He demonstrated his bullish convictions in interviews 8 years prior to this election.

You are made of the same *stuff*, with the same creative energy at your fingertips and a supernatural power with Supernatural dominion over all things. But, how do you harness such power constructively in your life? This is what I teach on the weekly call-ins at DrZHelp.com and we also offer private consultations. In the near future, we will also be offering a daily call-in program because Change is indeed possible but I found out that it takes consistency and persistence. We have created the venue to make consistency easy and accessible.

I used to have a bit of an anger problem and for the longest time, I believed that I could not change and I played the role of a victim (blaming it on my dad) and it sabotaged my greatest worldly relationship, my marriage. Victim or Creator? You decide... if you decide that your life is meaningful and that you want to be the deliberate creator of your life, join me on a short journey. It won't take you long to learn this because I've been studying this type of material for 20 years and what I share with you will avoid some pitfalls and expedite your own experience.

You have a Supernatural Creative mind and if you feel inspired, join us on the call-ins every Tuesday at 12:30 DrZHelp.com

My dear friends, I'm not alone...Human Potential pioneer Jean Houston discovered the immense power we have to create, heal others, love unfathomably more than we originally thought possible. She also acknowledges the potential to earn and to grow physically, emotionally and intellectually. Yes, I am obsessed with the possibilities that live inside each and every one of you. I am obsessed with the energetic field of life possibilities that we all live in and yet many of you are dead to the aliveness that only needs our words to ignite the fire behind the death lingering in our eyes. We have allowed death only because we have lost mastership of our minds

and yet there are numerous books and offshoots from biblical truths in relation to this. But knowledge without proper application amounts to nothing. What use is it if you know how to make a fire yet you don't ignite the spark, the benevolent spark...Be very clear. I did not write this book to inspire you but to make you aware of the possibilities and the creative potential. YOU must draw the inspiration once YOU KNOW that CHANGE IS POSSIBLE. Most people try to do better but they don't know how. "DrZHelp" is the "HOW" change is possible. Make no mistake, you are always thinking...always firing creative energy but what are you creating? Are you creating love, laughter and wellbeing or death, dread and destruction? It does not have to be that dramatic but I am trying to make a point and the choice is yours.

It is my hope and prayer that we all awaken to the possibilities for our lives not through our actions so much as to the birth of a new thought first. A new thought that blazes through the consciousness of death and illness, insufficiency, struggle, and strife.

You Too Can Think Your Way to YOUR Ideal Life

All forms of success including what I consider the epitome of success--Peace, Love and Joy--- as well as, prosperity, achievements, recognition and every other imaginable form of success start with your thoughts that lead to your ***words, feelings, actions, character*** and to your ***destiny***.

You can think your way to your ideal life. Your thoughts are the building blocks of life and you must recognize this fact. Most are not enlightened to this simple truth and the current education system does not teach it. The schools that you and I have attended and that your children attend do not teach the systematic approach to life success and to a "Winner's Mindset" yet Thoughts & Feelings are the sole cause of most if not all of the human suffering.

Nelson Mandela spent 27 years imprisoned yet he came out a vehicle of love because he Mastered his thoughts and so can you. Mastering our minds is not a simple task but it can be done if you so desire.

You Need This Manual as Much As

You Need Your Next Breath...

*Learn to Think Constructively and towards your ideal life or
default to Destructive thinking and away from your ideal life.*

The Mind is the Most

Phenomenal and Rewarding Frontier

Norman Vincent Peale, Thomas Edison, Henry Ford, Billy Graham the Wright Brothers and anyone that you believe to be successful is so because of a mindset- A "Winner's Mindset". The exciting thing is that Anyone can get the "Winner's Mindset". My definition of success may be different than yours but simply put I define success by trying to become a better person every day. My goal is to be more loving, more compassionate and generally a better human being every day.

Some were born with heavy hearts and in underprivileged conditions yet most anyone can overcome their limitations with the conditioning of a "Winner's Mindset".

I was such an individual, growing up in a communist country with a lack of most things people take for granted in America and with what I came to identify as a heavier heart than most. The first few years of my life I learned to cower from life possibly because what was considered discipline at that time in my home country. I suffered from low self-esteem and unhealthy patterns of criticism and beating myself up. Absurd that I would do such a thing but as you will come to find out it was beyond my conscious control like are most things such as self-pity, compulsive eating, anxiety, depression and a myriad of other things. In my book "Simply Happy" and in our Beach Retreats and Seminars, we share the steps necessary to overcome these dysfunctional patterns.

For more information or if you have an interest in the rest of the book please visit DrZHelp.com. The book is free and

donations are appreciated to further the cause of creating positive shifts in the consciousness of man.